

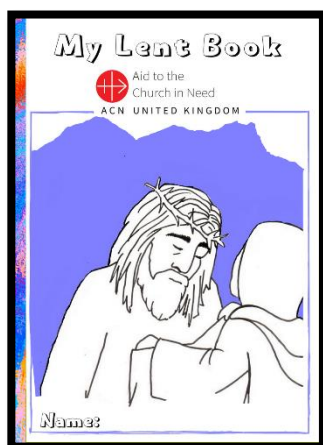
WHAT IS THE BOOKLET ABOUT?

It is a Lent 'companion', which includes Stations of the Cross, a Lent Calendar, space for prayers, pictures, colouring activities and information about Aid to the Church in Need (ACN).

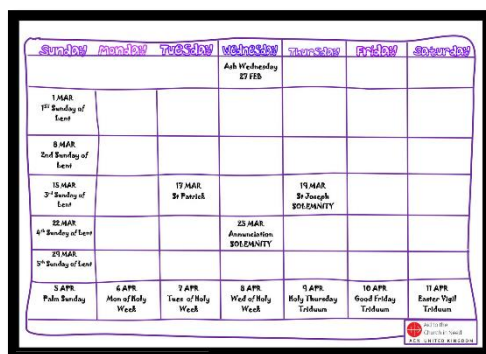
HOW DOES IT WORK?

1. You can decide how little or how much of it you want to use and print off the relevant parts – but ideally, pupils would receive the whole booklet on Ash Wednesday and work on it in stages throughout Lent.
2. It links to the Lent Countdown (hyperlink), the Lent Stations of the Cross and the worksheet Lent Ideas.

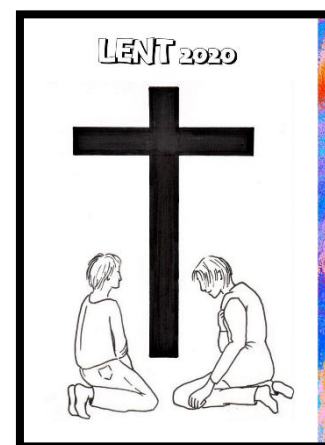
WHAT DO I DO?



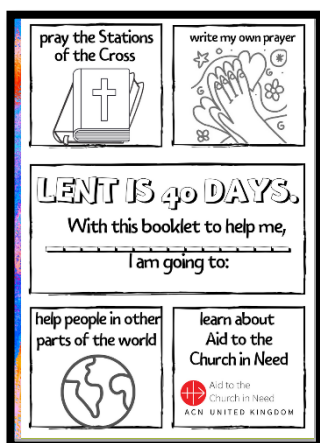
PAGE 1
FRONT COVER



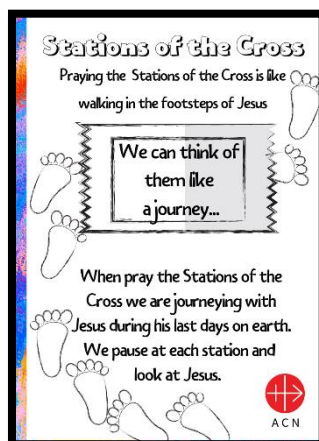
PAGES 2-3
LENT CALENDAR: This is where pupils can plan their charity events, and record their actions, prayers & Lenten efforts.



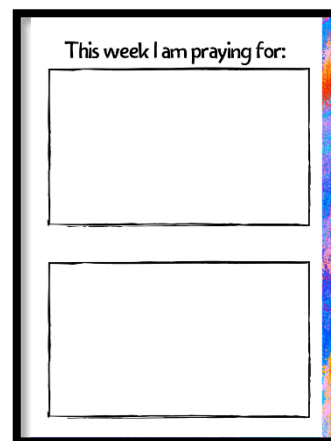
PAGE 4
COLOUR IN



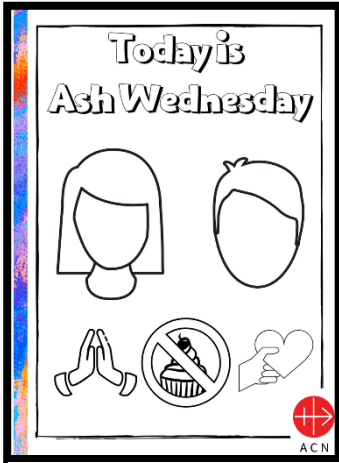
PAGE 5
Explains what the booklet is for.



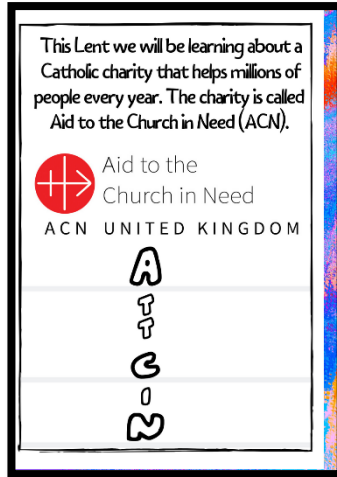
PAGE 6
Introduction to the Stations of the Cross.



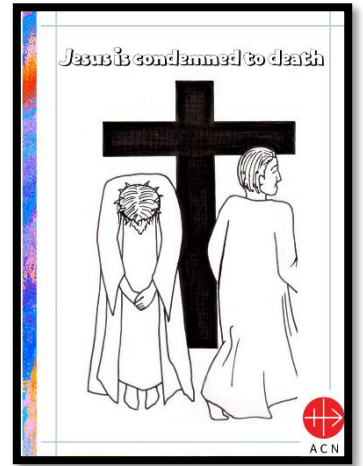
PAGE 7
Top box: to write a personal prayer. Bottom box: for someone helped by ACN.



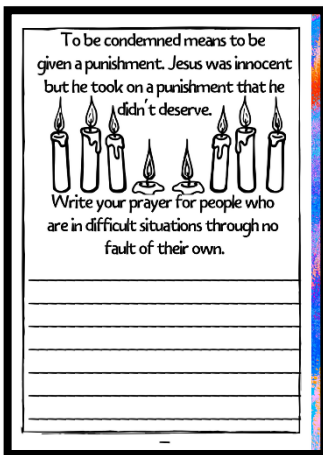
PAGE 8
 Explain Ash Wednesday. Draw on the faces with the ash on the foreheads. Write PRAYER, FASTING & ALMSGIVING next to the symbols. Explain why we pray, fast and raise money for charity during Lent.



PAGE 9
 Explain the work of ACN. For a video about the work see here: <https://youtu.be/nEGHj81gm3Q>
 To the right of the letters, pupils finish the words (Aid to the Church in Need). To the left, pupils draw something to represent the words, 'AID' 'CHURCH' and 'NEED'.



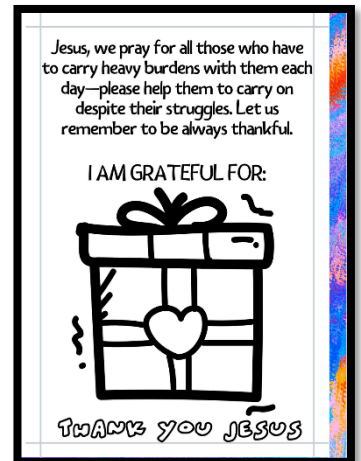
PAGE 10
 1st STATION
 COLOUR IN



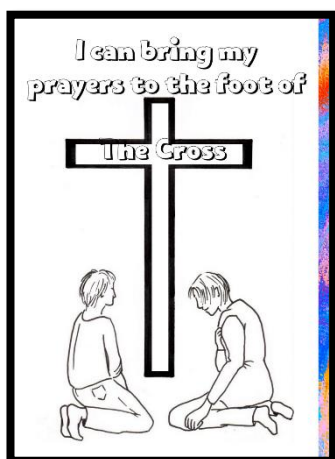
PAGE 11
 Write your prayer and colour in the candles.



PAGE 12
 2ND STATION
 COLOUR IN



PAGE 13
 Pupils write the things they want to give thanks for and can then colour in.



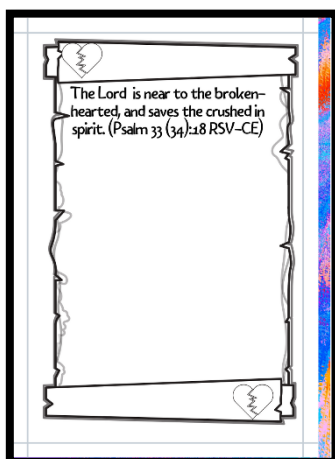
PAGE 14
Pupils can write their prayer and colour in the picture.

A bible quote I like is:	My Lent Symbol is:
ONE THING I HAVE DONE SO FAR IN LENT IS:	
One person, area or country helped by ACN IS:	What else I plan to do this Lent is:

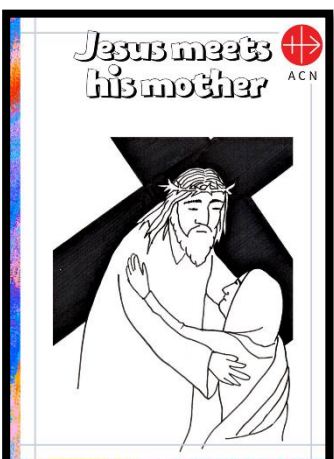
PAGE 15
Follow the instructions and work through the boxes.



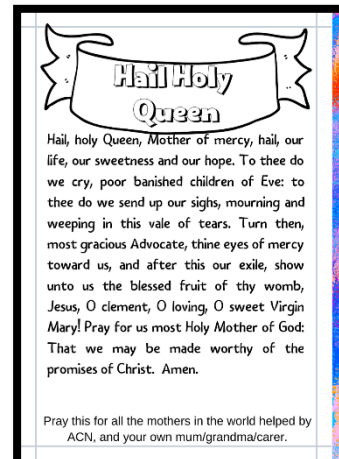
PAGE 16
3RD STATION
COLOUR IN



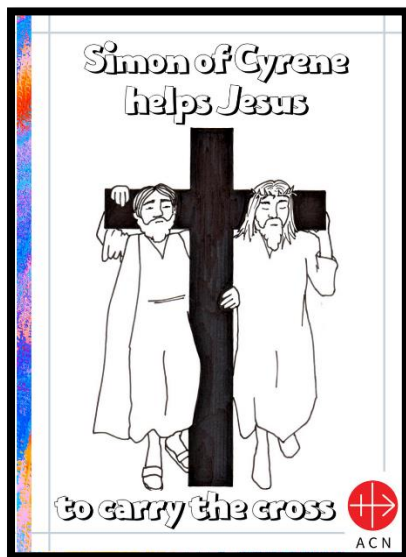
PAGE 17
Pupils can write down the names of people (individuals they have learned about on Stations of the Cross activity) and/or groups of people helped by ACN, e.g. refugees, families, orphans etc.



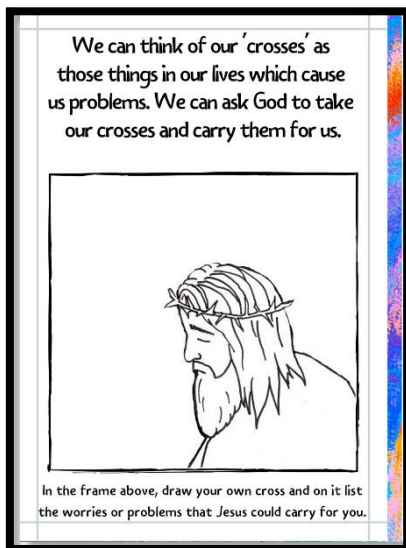
PAGE 18
4th STATION
COLOUR IN



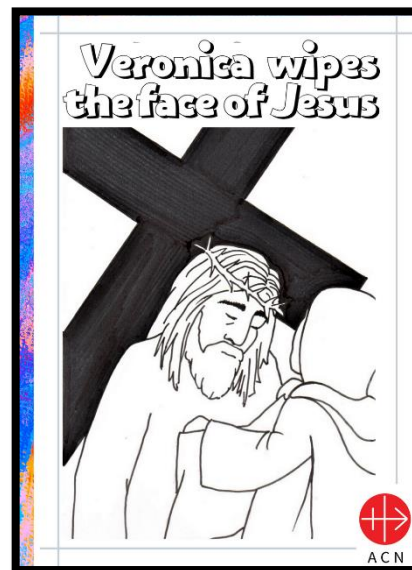
PAGE 19
The Hail Holy Queen prayer; perhaps your class could learn it together this Lent?



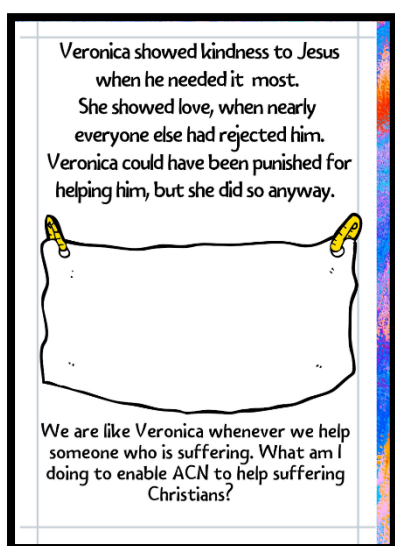
PAGE 20
5th STATION
COLOUR IN



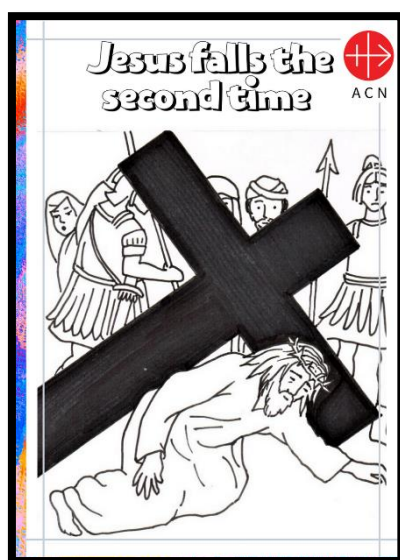
PAGE 21
Pupils can draw and decorate their own cross and write words around it. Spend some time in prayer asking Jesus to take their worries.



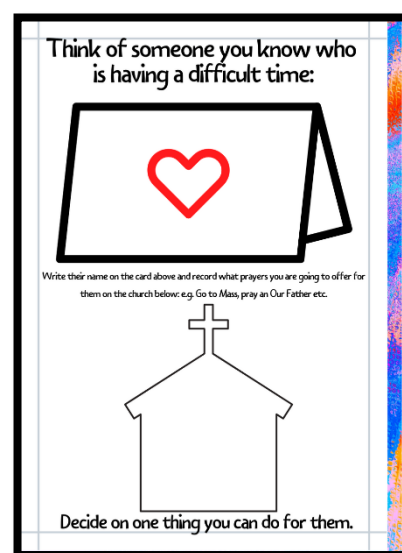
PAGE 22
6th STATION
COLOUR IN



PAGE 23
Pupils can either put a picture of themselves on this page to show that Jesus comforts them, or print off a picture from the ACN website of someone they would like to help, someone who has died for their faith, or draw/print off a picture of Jesus to show that that he's with them when they are rejected.



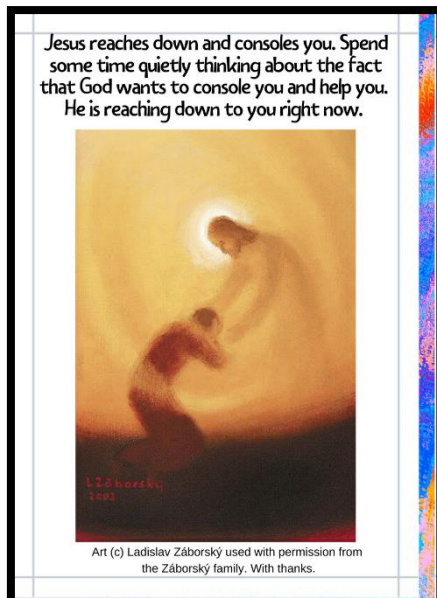
PAGE 24
7th STATION
COLOUR IN



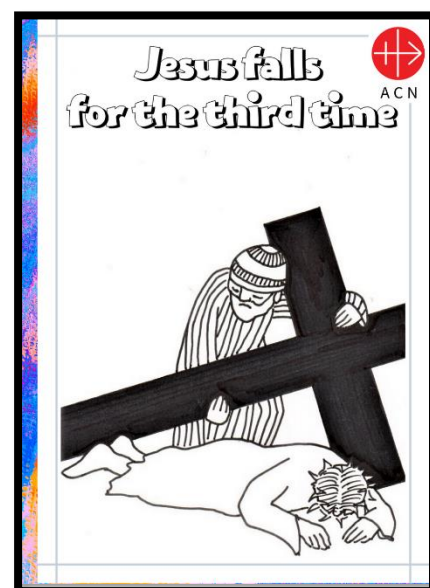
PAGE 25
Follow the instructions and colour in.



PAGE 26
8TH STATION
COLOUR IN



PAGE 27
Take a little bit of time to look at the picture. Ask the students to reflect maybe, on what they can see and how it makes them feel.



PAGE 28
9TH STATION
COLOUR IN

Iraq: Ruined Houses

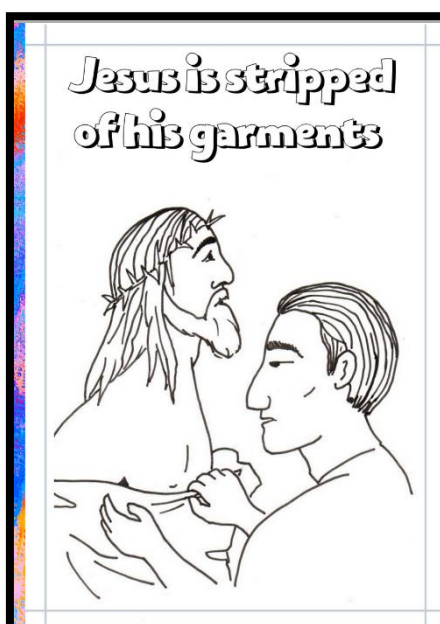
Between 2014 and 2017, nearly 1,300 family houses were damaged or destroyed in Iraq. The houses belonged to Christian families and they were ruined by people who wanted Christians to leave the area. The furniture, clothes and toys left behind when families fled were stolen, broken or smashed. Messages saying bad things about Christians were sometimes painted on the walls.

Many families are now coming home because the area has been made safe again, but they don't know what they will find.

Can I help them pick up their lives again with my prayers and fundraising events this Lent?

DISCUSS WHAT ELSE YOU, YOUR FAMILY AND YOUR SCHOOL CAN DO TO HELP THE FAMILIES IN IRAQ.

PAGE 29
Homework: Pupils can tell their family about ACN and show them this booklet.



PAGE 30
10TH STATION
COLOUR IN

Syria: The Cross

Piter, 17 years old, is from Aleppo, Syria. He and his family have had to deal every day with painful experiences since the war in Syria began in 2012—"Our saddest moment came when we had to leave our home."

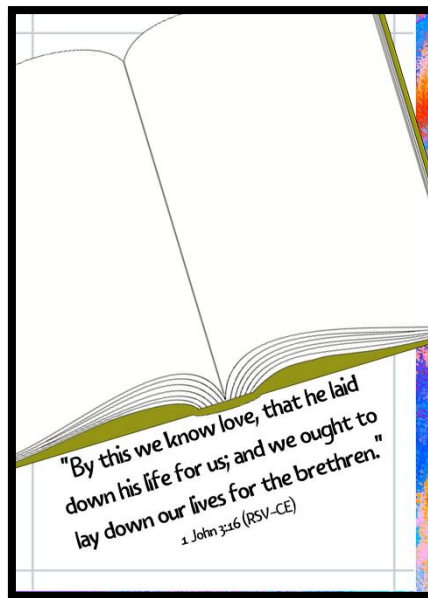
Before Jesus was killed they took his clothes, which was humiliating. During this station of the Cross, let's pray:

- for peace and justice throughout the world
- for a change in the hearts of those who try to make others feel small
- for Piter and all families who have suffered through war
- that I will be a peacemaker

PAGE 31
For a video which shows what life has been like in Syria, please see the video, in which Sister Samia tells us about Syria, and what ACN is doing there to help:
https://youtu.be/aIDpnH41_Yw



PAGE 32
11TH STATION
COLOUR IN



PAGE 33
Pupils can write a thank you prayer to Jesus and/or list ways they have helped their brothers and sisters across the world so far this Lent.



PAGE 34
12TH STATION
COLOUR IN

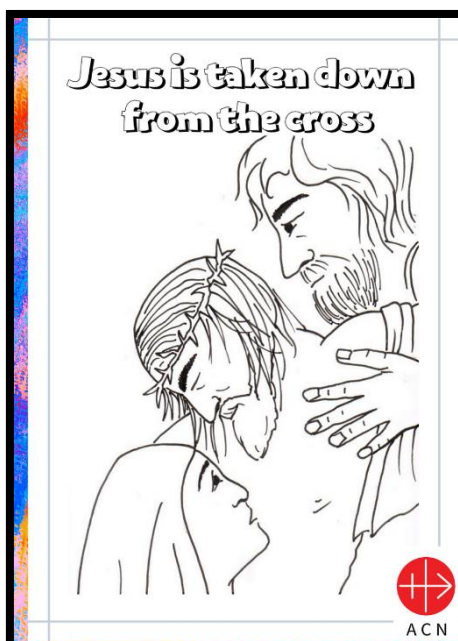
Jesus, it is hard to understand why the people that we love might get hurt or die. Remind us that our faith will always help us when we experience loss, and that you will be with us in anything that happens to us.

Write the names of any family members or friends who have died. Pray for them today and especially at the next Mass you go to. Remember they can pray for you too.

ETERNAL REST GRANT UNTO THEM, O LORD, AND LET PERPETUAL LIGHT SHINE UPON THEM. MAY THE SOULS OF ALL THE FAITHFUL DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.

PAGE 35

Give space for pupils to talk about departed loved ones if appropriate. List them on the wall and ask the class to pray for them every day.



PAGE 36
13TH STATION
COLOUR IN

When Jesus died everything was in darkness. His disciples were confused and broken-hearted. They had put all their trust in God. Now he was gone they felt lost and helpless in the face of such an evil event. Sometimes we feel like this too.

Sometimes we put our faith in God, and our prayers don't seem to be answered. We too can feel overwhelmed and alone and wonder why God allows some things to happen. The disciples didn't realise, that though Jesus' death looked like a huge failure, it was actually the moment of triumph; when God, through his son, Jesus, defeated evil, sin, death and suffering. We still have to face bad things in this life, but we know that one day we will be totally united with God, and reunited with our family members, in a place even happier than our wildest dreams.

The Christians who have suffered across the world because of persecution kept their faith, because they knew that even though it seemed as though God had abandoned them in reality he never could.

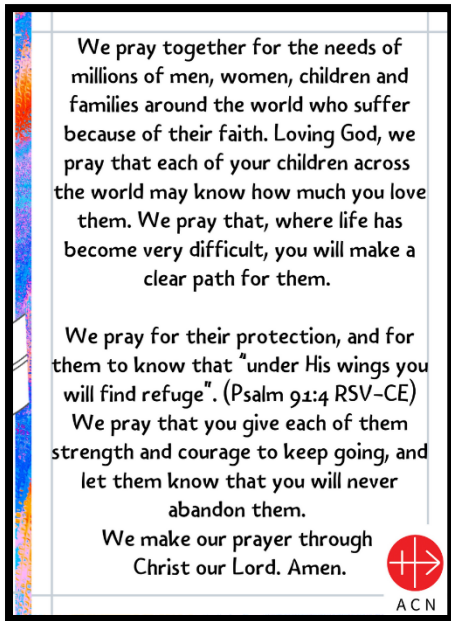
Let us learn that God is always with us.

PAGE 37

Pupils can read the prayer and:

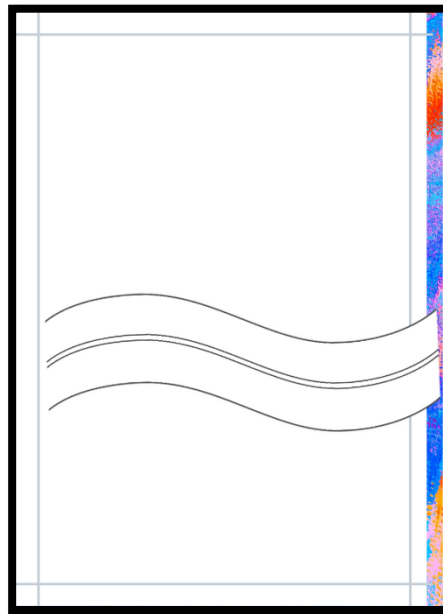
- Highlight key words or words that stand out.
- Circle words that need explaining.

Then discuss the ideas, words and concepts and pray the prayer together.



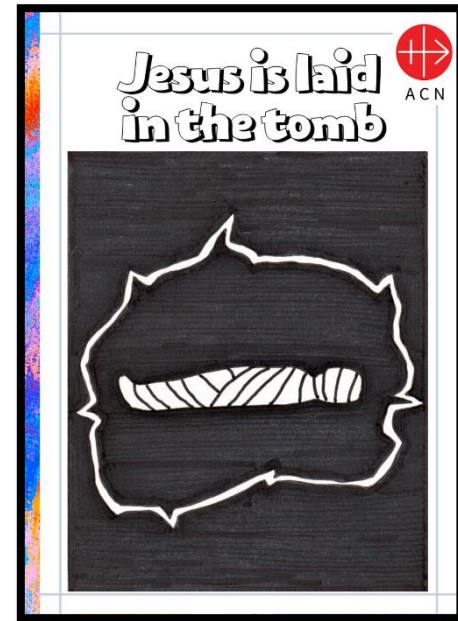
PAGE 38

Read/pray silently.



PAGE 39

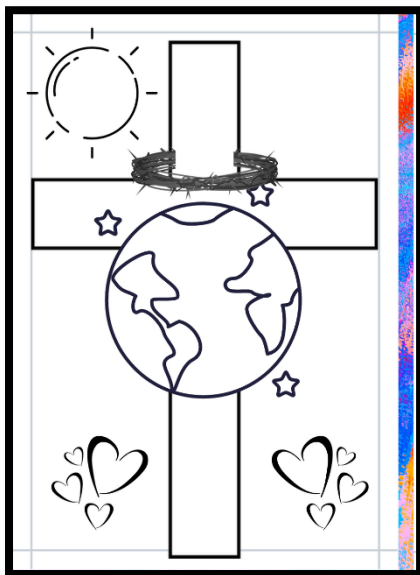
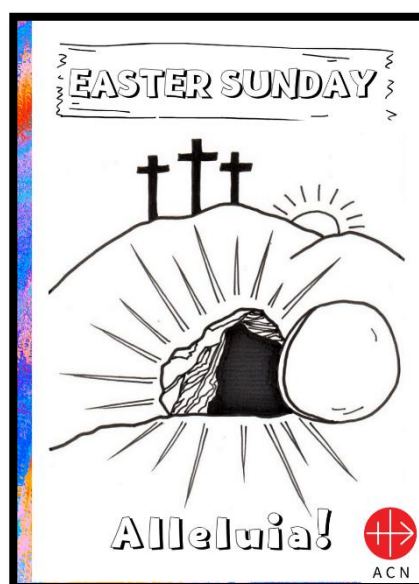
Students can draw what they think Jesus looks like, protecting people on the path of life.



PAGE 40

14TH STATION

Reflect on what the artist is trying to portray in this image. Why is it so dark?

PAGE 41
COLOUR IN

PAGE 42

Discuss why the word 'Alleluia' isn't said in Lent and why, then, it is such a joyous exclamation at the Easter Vigil.
COLOUR IN



PAGE 43

Read together.

EASTERTIDE

What I learned in Lent is:

Here are some ideas of things we can do to support ACN so they can help other people:



Now we are in Eastertide (or the Easter Season).

This begins on Easter Sunday and lasts seven weeks. It ends 50 days later on Pentecost Sunday.


For Catholics this is a time of great celebration and feasting. Now you can really enjoy all the things you gave up during Lent!

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The Stations of the Cross line drawings have been produced for us by Wendy Moore, for use with ACN materials.

PAGE 44
 Pupils can look back over the booklet to help them fill in this page.