

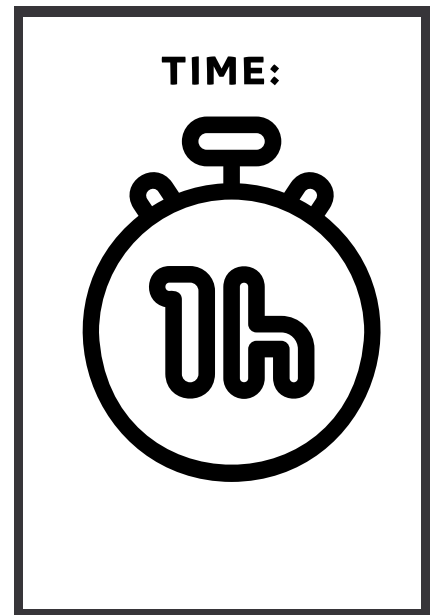


# PRAYER SERVICE 1:

## THE MOBILE PHONE CHALLENGE

Summary: To pray for the people of Lebanon

- To link fasting and almsgiving to prayer
- To bring my own intentions to prayer and to have the space to offer to God the people, experiences, disappointments, hopes and prayers in my own life.



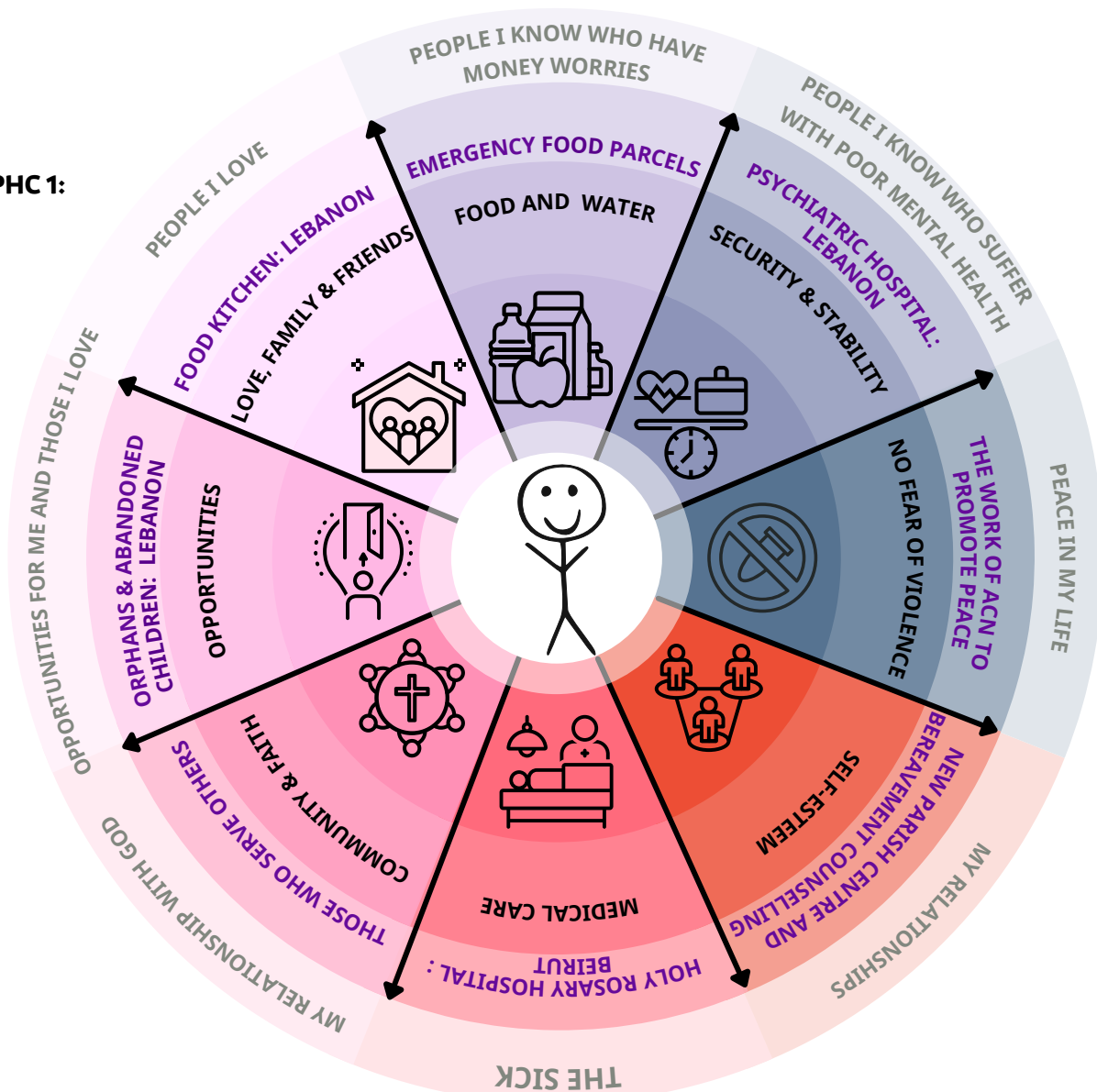
### YOU WILL NEED:

The presentation slides, readers and quiet music.

For the 'Reflection' after the 'Opening Prayer' there are two options regarding the graphic below:

1. You could show it on a slide
2. For a more interactive liturgy, you could draw the sick person in chalk in the centre of the room with the pupils sitting around (or on a large piece of paper in the centre of the space) and as you read each of the 'needs' below, have a pupil bring up an object to represent them, e.g. a bottle of water and a sandwich for '1' and a 'First Aid' box for '6'.
3. For a smaller group, you could print the graphic (either 'Graphic 1' or 'Graphic 2' and ask the group to fill in the sections as each prayer is offered to God). For full-size copies to print, see the end of this document.

GRAPHIC 1:



# PRAYER SERVICE 1:

## THE MOBILE PHONE CHALLENGE

### SLIDE 1

#### BEGIN:

IN THE NAME OF THE FATHER AND OF THE SON AND OF THE HOLY SPIRIT. AMEN.

### SLIDE 2

We have participated in Aid to the Church in Need's Mobile Phone Challenge and sacrificed our mobile phones for 24 hours to raise money for the people of Lebanon. Now we are going to spend some time in prayer to prepare us for Easter and to put into God's hands those who need our prayers today.

### SLIDE 3

Today we are here to pray for those who are suffering in Lebanon, for the work of Aid to the Church in Need and for ourselves that we may be open to God's love in our lives.

#### OPENING PRAYER:

SLIDE 4 (leave this slide on for the whole of the opening prayer. You might want to add some quiet music).

#### RESPONSE: **JESUS BE THEIR STRENGTH**

We pray for each person working to alleviate the suffering of another.

#### **R/ Jesus be their strength**

We offer to you the work of Aid to the Church in Need and ask you to be with all those who work for peace, forgiveness, unity and fairness.

#### **R/ Jesus be their strength**

Bless, protect and assist all medical workers in Lebanon.

#### **R/ Jesus be their strength**

We ask you to give strength to those who are providing emergency food parcels, for those giving pastoral care and counselling and all the sisters and priests who have given up their lives to serve others.

#### **R/ Jesus be their strength**

We pray for all those who strive to heal, comfort and uphold those who need their care.

#### **R/ Jesus be their strength**

Lord God, guide all those who have to make big decisions that affect the lives of others; politicians, Church leaders and charities.

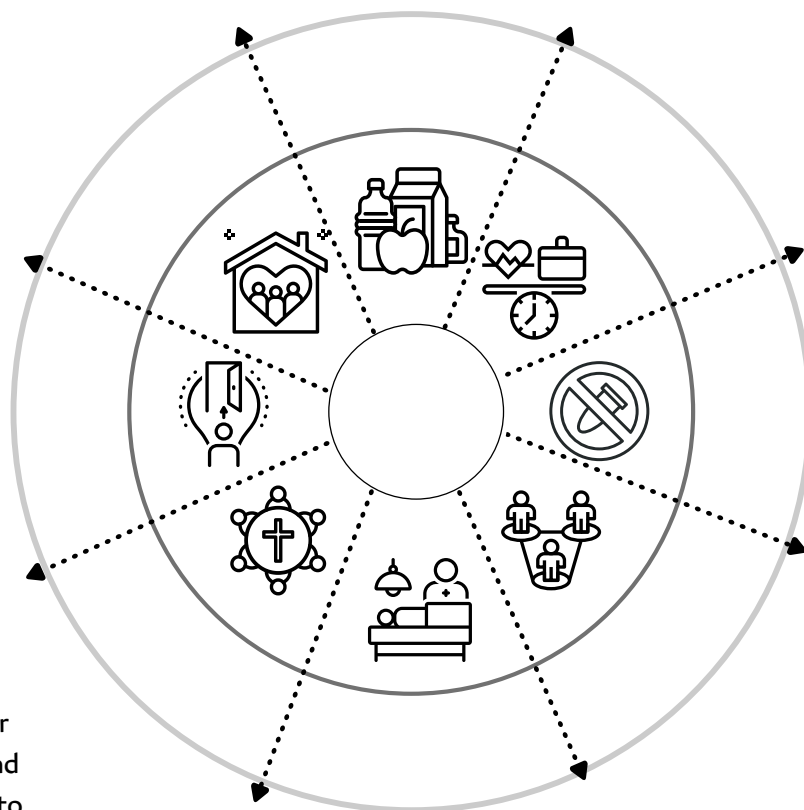
#### **R/ Jesus be their strength**

We pray for the abandoned children, those in the psychiatric hospital and those who care for them.

#### **R/ Jesus be their strength**

May all believers be selfless in their conduct.

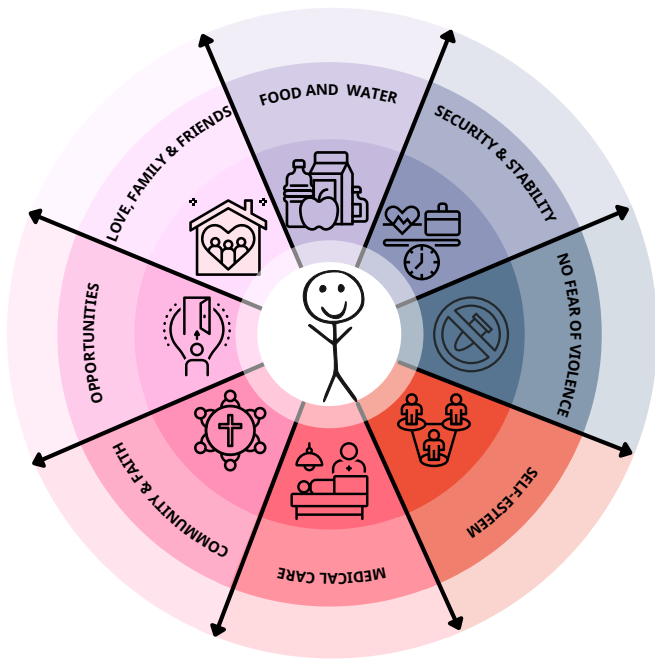
#### **R/ Jesus be their strength**



GRAPHIC 2:

# PRAYER SERVICE 1:

# THE MOBILE PHONE CHALLENGE



## REFLECTION

This relates to the circle nearest the images on the graphic. If you are using props as described in '2' on 'page 1', they could be brought up to the centre after each slide.

### SLIDE 5

Psychologists such as William Maslow tell us that every person has basic needs in order to live and thrive.

### SLIDE 6

1. For our bodies we need healthy food, water, vitamins, air, physical exercise, clothing and sleep.

### SLIDE 7

2. For our emotional growth we need to know that we are loved, supported and accepted by others.

### SLIDE 8

3. We also have needs based on our environment, such as security, safety, stability.

### SLIDE 9

4. We need to know that we are not going to be attacked violently.

### SLIDE 10

5. We need to have experiences and interactions with others that lead to good self-esteem.

### SLIDE 11

6. We also need medical assistance, medication when necessary, toiletries and sanitary items.

### SLIDE 12

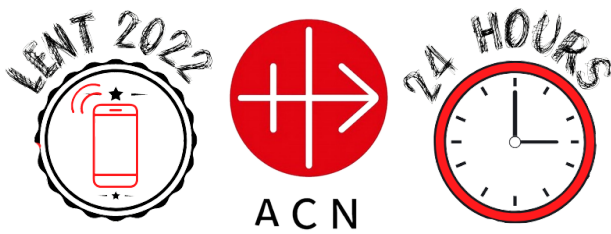
7. Love provides us with confidence. With this assurance we can apply ourselves and respond to education opportunities. When we are older, one way our human dignity is lived out is through opportunities to earn an honest living and to use our potential for the common good.

### SLIDE 13

8. Furthermore, we need a community, to know that there is meaning in our lives and to know that we have a purpose. We need hope that we will see our departed loved ones again and faith that we are loved by God and called by him to be his children.

**"Prayer linked to sacrifice is the most powerful force in the world."  
Pope St John Paul II**





# PRAYER SERVICE 1:

This section refers to the sections in purple on the graphic

## PRAYERS FOR LEBANON AND THE WORK OF AID TO THE CHURCH IN NEED

### SLIDE 14

1. We pray for all those who have had to rely on emergency food parcels, for those who have collected, organised and delivered them and for those who feel ashamed that they need them. We pray for Sr Rita and all those working with refugees in Lebanon.

### SLIDE 15

2. We pray for all those who attend the St John the Merciful Table food kitchen in Lebanon. We ask you, Lord: send the Holy Spirit to empower all who work to make the centre a place of physical, emotional and spiritual healing for the refugees and for those suffering because of the economic crisis.

### SLIDE 16

3. We ask you to bless those who feel insecure because of mental ill-health. Please bless and heal the patients at the psychiatric Hospital of the Cross and bless the staff and the Franciscan sisters who give their all to help the sick.

### SLIDE 17

4. We pray for the work of ACN and all people who actively promote reconciliation and peace between communities.

### SLIDE 18

5. We pray for all those working to support the young Catholics who lost family members and friends in the Port of Beirut explosion. Thank you, Lord, for the work of ACN in rebuilding demolished churches, and for the money raised to build the new parish centre where people can go to meet others and grow in fellowship.

### SLIDE 19

6. Lord, we ask you to help the sick, to protect hospitals and to enable ACN to continue to support projects which involve the preparation and distribution of medicines to the sick. We pray for the Holy Rosary Hospital in Beirut and the sisters there who offer shelter for all patients without any discrimination.

### SLIDE 20

7. We pray for the poor families living in Lebanon – may they feel your love even in the midst of their suffering. We ask you to bless the children who attend the school run by the Missionary Sisters of the Very Holy Sacrament and those children who live in the convent because they are orphans or have family problems. Help them to be able to find the validation they need through the love and care of the sisters.

### SLIDE 21

We pray for those who find meaning and purpose in serving others and most of all in serving you. We pray for all the priests, nuns, catechists and lay people in Lebanon who, in your name, dedicate their lives to helping others as one body in Christ.



# THE MOBILE PHONE CHALLENGE

This section refers to the sections in grey on the graphic

## PRAYERS FOR MY LIFE AND THE PEOPLE I KNOW

### SLIDE 22 FOR THE WHOLE OF THIS PRAYER

*After each prayer there will be a pause so you can offer to God your own worries, concerns about your family or friends, things that you have seen and heard about in this country and all the difficulties you have suffered over the past couple of years:*



- 1 Many families have needed food banks in this country. We pray for any family suffering because of Covid. Lord I pray to you now for anyone I know who has financial difficulties. Pause...
2. I pray to you, Jesus, to help me grow closer to you. I ask you to heal any areas of my life where I haven't felt loved, supported or accepted by others. Pause...
3. I pray for my family and take a moment to ask you to bless each person in my family. Pause...
4. Help me to know that you, Lord, are my security, that you accept me. I will now offer to you in silence any people I know who are suffering from mental illness, as well as any emotional upset I may be feeling today. Pause...
5. We pray for peace in our own hearts. Pause...  
Peace in our homes. Pause...  
Peace in our cities and an end to knife crime.  
We pray that we too may become peacemakers.
6. Jesus, the Healer, please touch the places in my heart where my experiences and interactions with others have left me in sorrow, hurt, angry or frightened. I ask that you allow me to see myself as a person who has dignity, is worthwhile and has a purpose. Pause...
7. We offer to you, Lord, anyone we know who is sick at this time. Pause...
8. We pray for those among us who struggle with the school system and those who fail to take the opportunities offered to them. Help us not to waste our gifts. May we be selfless so that we may seek out those who are those on the 'outside' to make life better for them. We pray that our friends and families will be able to find good jobs, careers and vocations. Pause...  
We ask you, Lord, to help us to see the people around us as friends, not enemies. Help us to know that all meaning in life comes from a relationship with you. Pause...  
I give to you now the areas where I feel hopeless or unfocused. I pray for faith in your promises.

### SLIDE 23

## PRAYER TO ST JOHN THE MERCIFUL

**Following the example of St John the Merciful, help us to recognise the face of Jesus in our suffering brothers and sisters and to serve him with humility and joy. Teach us to be carriers of God's tender love and mercy and so bear witness that God still loves the world through each one of us.**

**Amen.**

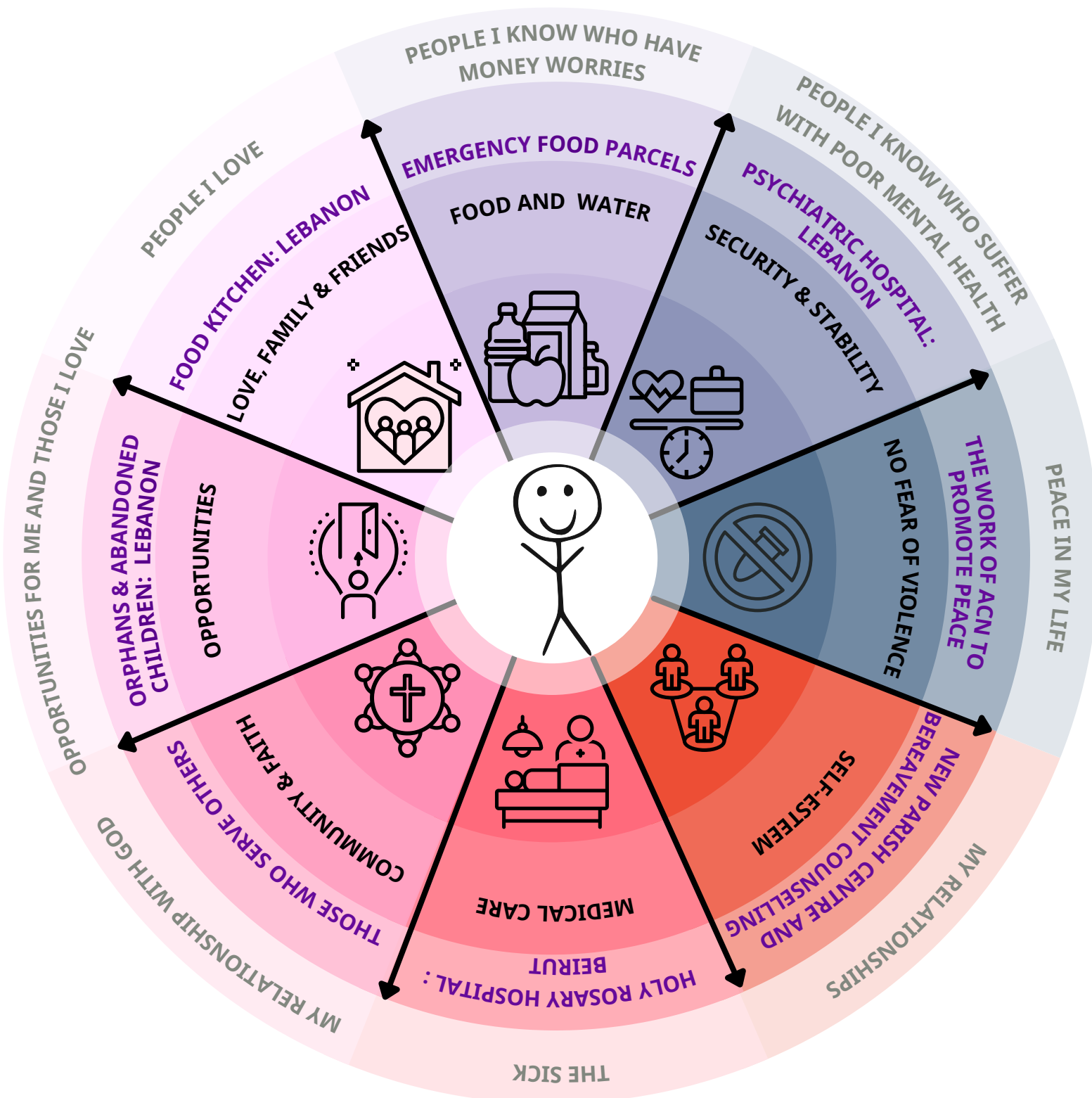
### SLIDE 24:

For reference





ACN



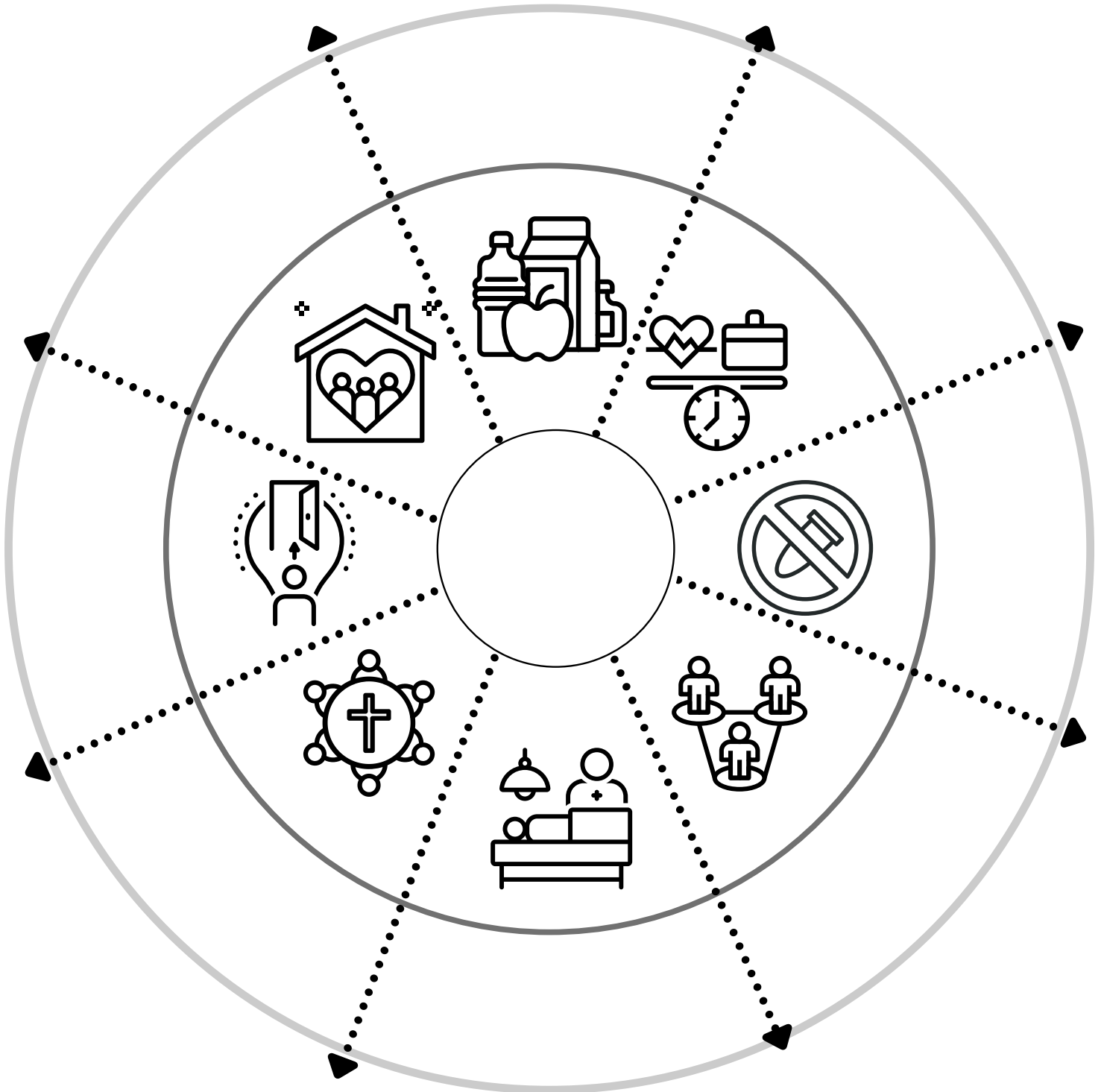
# THE MOBILE PHONE CHALLENGE



"Prayer linked to sacrifice is the most powerful force in the world."  
Pope St John Paul II



ACN



**THE MOBILE PHONE  
CHALLENGE**



**"Prayer linked to  
sacrifice is the most  
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