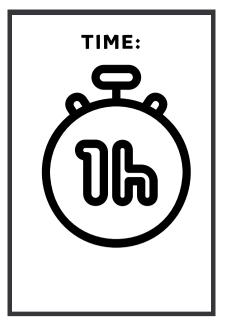




Summary: To pray for the people of Lebanon

- To link fasting and almsgiving to prayer
- To bring my own intentions to prayer and to have the space to offer to God the people, experiences, disappointments, hopes and prayers in my own life.

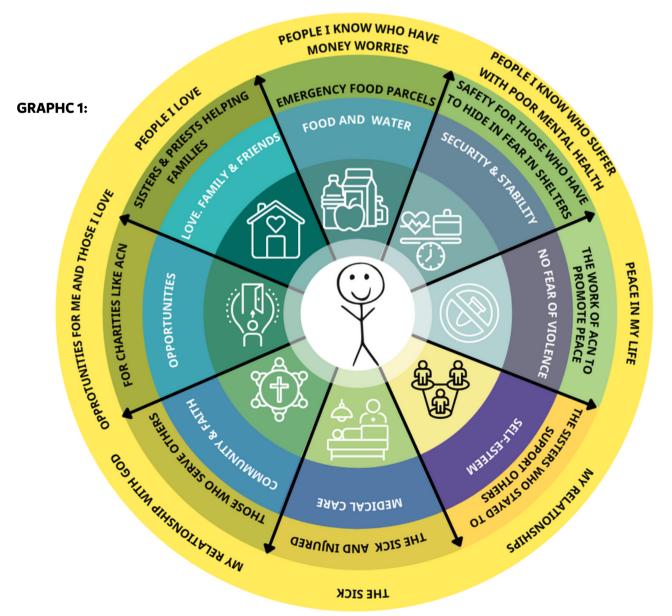


YOU WILL NEED:

The presentation slides, readers and quiet music.

For the 'Reflection' after the 'Opening Prayer' there are two options regarding the graphic below:

- 1. You could show it on a slide
- 2. For a more interactive liturgy, you could draw the sick person in chalk in the centre of the room with the pupils sitting around (or on a large piece of paper in the centre of the space) and as you read each of the 'needs' below, have a pupil bring up an object to represent them, e.g. a bottle of water and a sandwich for '1' and a 'First Aid' box for '6'.
- 3. For a smaller group, you could print the graphic (either 'Graphic 1' or 'Graphic 2' and ask the group to fill in the sections as each prayer is offered to God). For full-size copies to print, see the end of this document.



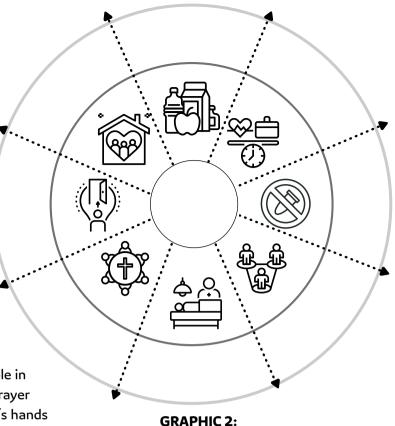
THE MOBILE PHONE C H A L L E N G E

Slide1: BEGIN:

IN THE NAME OF THE FATHER AND OF THE SON AND OF THE HOLY SPIRIT. AMEN.

Slide 2

We have participated in Aid to the Church in Need's Mobile Phone Challenge and sacrificed our mobile phones for 24 hours to raise money for people in Ukraine. Now we are going to spend some time in prayer to prepare ourselves for Easter and to put into God's hands those who need our prayers today.



Slide 3

Today we are here to pray for those who are suffering in Ukraine, for the work of Aid to the Church in Need and for ourselves that we may be open to God's love in our lives.

Slide 4

Pray the prayer with one or more readers leading the petitions and everyone else joining in with the responses.

OPENING PRAYER:

SLIDE 4 (leave this slide on for the whole of the opening prayer. You might want to add some quiet music). RESPONSE: **JESUS BE THEIR STRENGTH**

We pray for each person working to alleviate the suffering of another.

R/ Jesus be their strength

We offer to you the work of Aid to the Church in Need and ask you to be with all those who work for peace,

forgiveness, unity and fairness.

R/ Jesus be their strength

Bless, protect and assist all medical workers in Lebanon.

R/ Jesus be their strength

We ask you to give strength to those who are providing emergency food parcels, for those giving pastoral care and counselling and all the sisters and priests who have given up their lives to serve others.

R/ Jesus be their strength

We pray for all those who strive to heal, comfort and uphold those who need their care.

R/ Jesus be their strength

Lord God, guide all those who have to make big decisions that affect the lives of others; politicians, Church leaders and charities.

R/ Jesus be their strength

We pray for the abandoned children, those in the psychiatric hospital and those who care for them.

R/ Jesus be their strength

May all believers be selfless in their conduct.

R/ Jesus be their strength



THE MOBILE PHONE C H A L L E N G E

REFLECTION

This relates to the circle nearest the images on the graphic. If you are using props as described in '2' on 'page 1', they could be brought up to the centre after each slide.

Slide 5

Psychologists such as William Maslow and others, tell us that every person has basic needs in order to live and thrive. As you listen to the reflection, consider how many of these needs are under threat or denied in Ukraine. Think too, about how ACN is working with their partners there to restore them.

Slide 6

For our emotional growth, we need to know that we are loved, supported and accepted by others.

Slide 7

For our bodies we need healthy food, water, vitamins, air, physical exercise, clothing and sleep.

Slide 8

We also have needs based on our environment such as security, safety, stability.

Slide 9

We need to know that we are not going to be attacked violently.

Slide 10

We need to have experiences and interactions with others that lead to good self-esteem.

Slide 11

We also need medical assistance, medication when necessary, toiletries and sanitary items.

Slide 12

Love provides us with confidence. With this assurance, we can apply ourselves and respond to education opportunities. When we are older, one way our human dignity is lived out is through opportunities to earn an honest living and to use our potential for the common good.

"Prayer linked to sacrifice is the most powerful force in the world." Pope St John Paul II





Slide 13

Furthermore, we need a community to know that there is meaning in our lives and that we have a purpose. We need hope that we will see our departed loved ones again and faith that we are loved by God and called by him to be his children.

PRAYERS FOR UKRAINE AND

THE WORK OF AID TO THE CHURCH IN NEED

Slide 14

We pray for all those who have had to rely on emergency food parcels, for those who have collected, organised and delivered them. We pray for Bishop Aleksander Yazlovetskij and his helpers that they will be kept safe as they bring food, hygiene products and medicine to Kyiv.

Slide 15

We pray for all families who have been separated like Irina and Alexander. The Ukraine army notified Alexander that he had been drafted into army. He had to report to the barracks in four hours. A close witness told ACN that with only four hours to say goodbye to each other, Alexander and Irina decided to spend one of those four hours with a priest, preparing for the sacrament of marriage. We ask you Lord that they may be reunited after the war and be able to build a home together.

Then they both went to confession, received Holy Communion, and made their marriage vows. After the wedding, Irina told her husband, Alexander, "Now you can go and defend your country".

Slide 16

We ask you to bless those who feel insecure, unsettled and vulnerable. Please Lord bring back stability to the people who have had their lives completely uprooted in Ukraine. Help all those who fear for their lives as they wait in shelters during bombardments.

Slide 17

We pray for the work of ACN and all people who actively promote reconciliation and peace between communities. Here you can see some villagers in the region of Zhytomtr processing with a statue of Our Lady to pray for peace. We add our prayers to theirs and pray together: Hail Mary...

Slide 18

We pray for the sisters, who despite the increasing risk of being injured or killed by remaining in a warzone have stayed in their communities to serve the people. We remember that people suffering trauma can lose their sense of self. Bless all those working in Ukraine counselling those who are torn apart.

THE MOBILE PHONE C H A L L E N G E

Slide 19

We pray for the injured and those who take care of them. Dear Lord, may the Russian forces allow aid and medical supplies to get to the sick and injured.

Slide 20

We pray for the poor families living and communities. Bless all those who are working to keep families and communities together. We ask you to give strength to Fr Mateusz and all those spend time listening and reassuring the people who are anxious and frightened. Please give your peace to Fr Mateusz and those sheltering from the shelling and bombing as they pray in front of our Lord present in the Blessed Sacrament. Holy Spirit, we ask for the gift of courage and that you continue to uphold the many, who, like Fr Mateusz, risk their lives for the sake of others that they may support and comfort them. We know that the Church and ACN will be there helping the survivors after the war to thrive. Please Father, may that time come quickly.

Slide 21

We pray for those around the world who are joining in solidarity with the people of Ukraine. Please also bless the people in Russia who oppose this war and are too, suffering because of it. Lord, bring your kingdom of peace to this world and enable us to see each person on the planet as a brother or sister. May those is charge of decisions about world events, not need power, but peace and unity

Slide 22 PRAYERS FOR MY LIFE AND THE PEOPLE I KNOW

After each prayer there will be a pause so you can offer to God your own worries, concerns about your family or friends, things that you have seen and heard about in this country and all the difficulties you have suffered over the past couple of years.

Many families need to use food banks in this country. We pray for any family suffering because of Covid. Lord, I pray to you now for anyone I know who has financial difficulties. Pause...

I pray to you, Jesus, to help me grow closer to you. I ask you to heal any areas of my life where I have not felt loved, supported or accepted by others. Pause...

I pray for my family and take a moment to ask you to bless each person in my family. Pause... Help me to know that you, Lord, are my security, that you accept me. I will now offer to you in the silence any people I know who are suffering from mental illness, as well as any emotional upset I may be feeling today. Pause... We pray for peace in our own hearts. Pause...

Peace in our homes. Pause...

Peace in our cities and an end to knife crime.

We pray that we too may become peacemakers.

Jesus, the Healer, please touch the places in my heart where my experiences and interactions with others have left me in sorrow, hurt, angry or frightened. I ask that you allow me to see myself as a person who has dignity, is worthwhile and has a purpose. Pause...

We offer to you, Lord, anyone we know who is sick at this time. Pause...

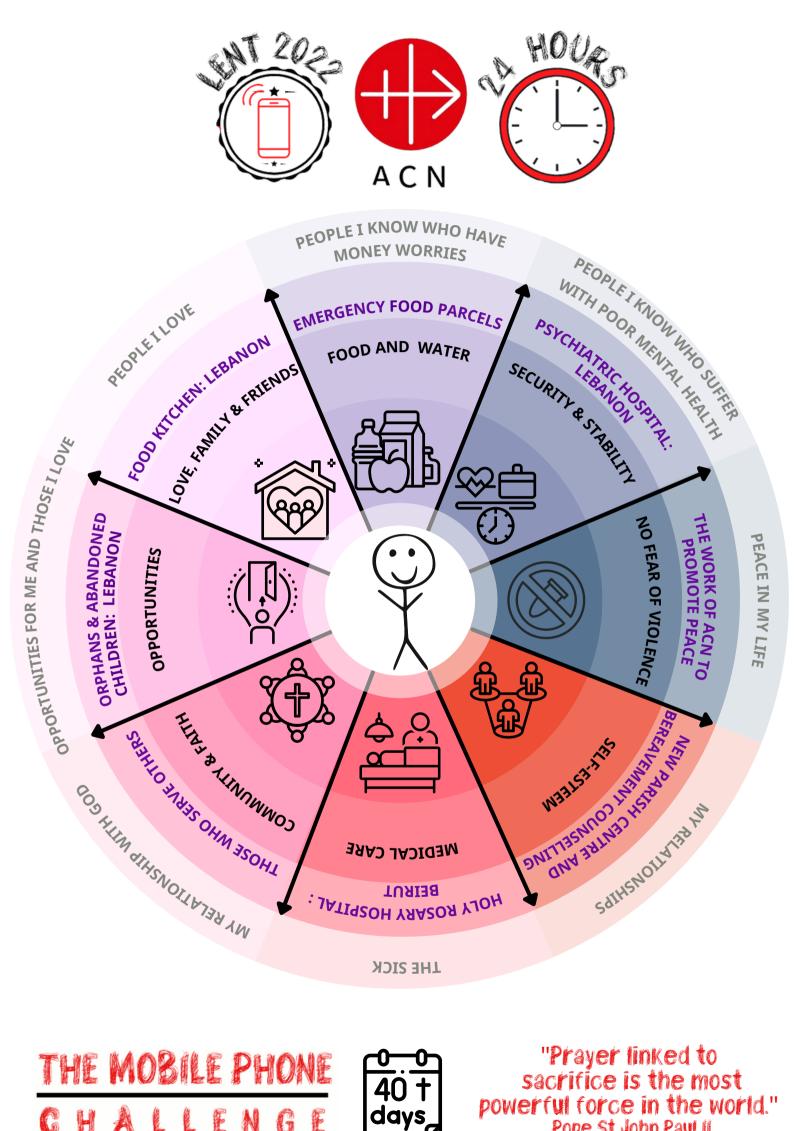
We pray for those among us who struggle with the school system and those who fail to take the opportunities offered to them. Help us not to waste our gifts. May we be selfless, so that we may seek out those who are those on the 'outside' to make life better for them. We pray that our friends and families will be able to find good jobs, careers and vocations. Pause...Pause...

We ask you Lord to help us to see the people around us as friends, not enemies. Help us to know that all meaning in life comes from a relationship with you. Pause...

I give to you now the areas in my life where I feel hopeless or unfocused. I pray for faith in your promises.

Slide 23 NO NOTES.

Slide 24



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Pope St John Paul II



