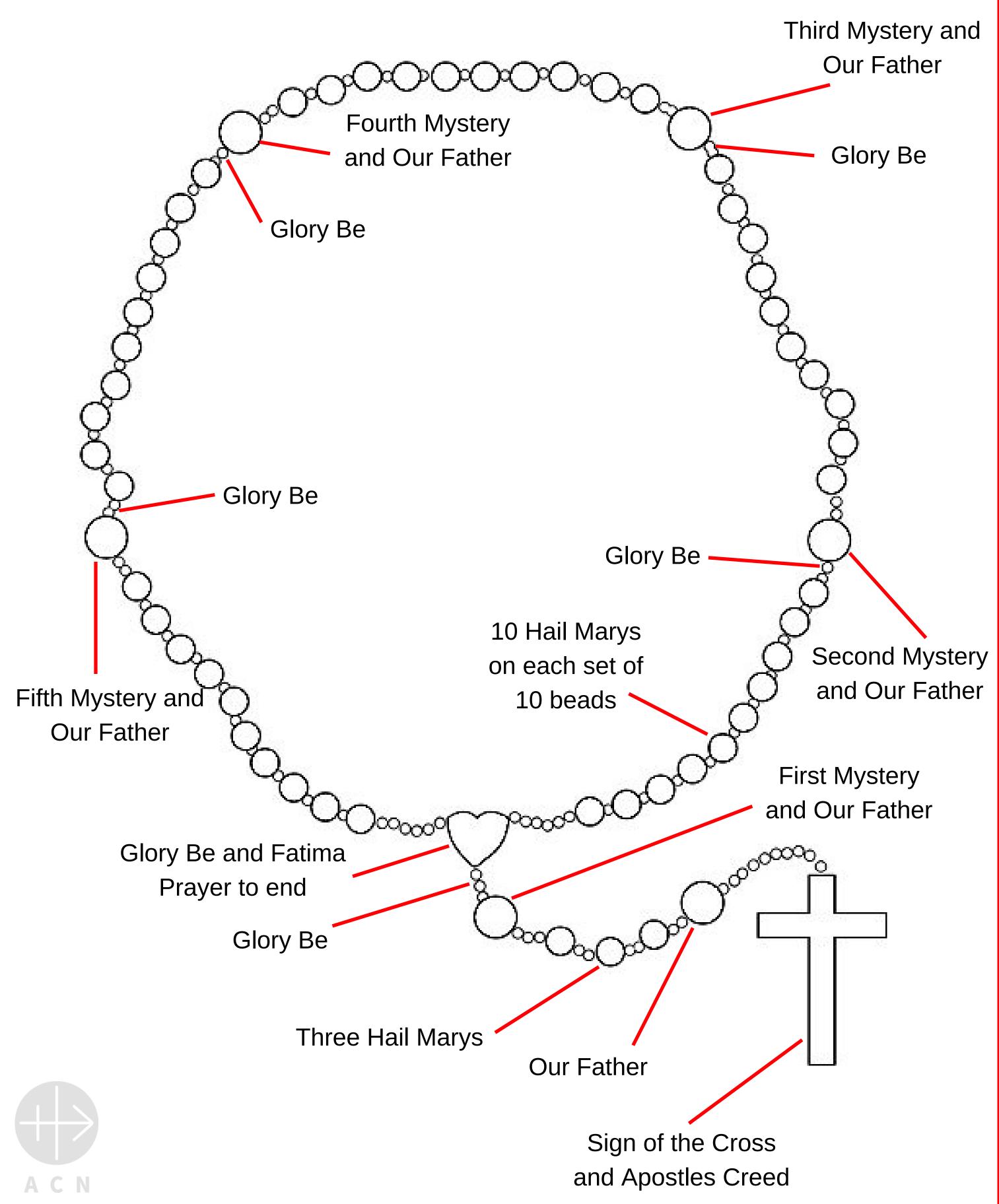


# HOW TO PRAY THE ROSARY

Colour in the rosary as you complete your decade per day.





WOMEN

# LEARNING TO PRAY THE HAIL MARY

Cut out the words below and place them in the correct order within the Hail Mary prayer.

Hail Mary, full of	<b>—</b> ,
the Lord is with thee.	
art thou among,	
and blessed is the of thy womb	
Jesus.	
Holy Mary, of Go	od,
pray for us sinners,	
now and at the of our death.	
Amen.	
MOTHER GRACE FRUI	T

HOUR

BLESSED



# MAKE YOUR OWN ROSARY

Why not get creative and make your own giant Rosary? Maisy has collected some inspiration from Children around the world who have joined her in praying the Rosary for Peace.



Paper Hand Rosary



Candle Rosary



Balloon Rosary



Human Rosary



Paper Flower Rosary



#### MAKE A HOME OR CLASSROOM ALTAR

If you don't already have an altar or prayer space in your classroom, why not make one this week?



- Gather together some of the holy items which you have at school or home. If
  you don't have any of your own, then you can use your creativity to
  make/draw some items/pictures. If you have a candle or two, these can also
  be added. When we light a candle, even that action can be part of our
  prayer. (Always ask an adult if you want to light a candle.)
- Create your altar! It's really that simple. Place the items on a clear space of some kind. Bridget's altar (pictured above) is on top of her fireplace, but you can place it wherever you have some room.
- Now you can come to your altar whenever you want to say a prayer.
   Obviously, we can pray wherever we may be, but having these things to concentrate on can make it a little easier to focus on our prayer time.

## PRAYER FOR PEACE

The focus of our prayer today is for Peace in our world. Maisy invites you to colour in the drawing below and write your prayer for Peace. You could pin this on the wall next to your home Altar.



**Activity** Write your prayer for peace.





### **USING OUR HANDS TO PRAY**

We don't always need special things to be able to pray. Why not try using your hands to pray this week?

Saint Teresa of Ávila was a Spanish
Saint who lived in the 16th century.
It is said that this piece of writing was
written by her. It let's us know that Jesus
has entrusted his mission to us - that we
are his hands and feet on earth, and he
asks us to do good with our lives.

Our hands can help us remember to pray!

Pope Francis has a simple prayer that you pray using your hands. Why not give it a go?

4. The fourth finger is our weakest finger. It should remind us to pray for the weakest, the sick or those plagued by problems. They need your prayers.

5. And finally we have our smallest finger, the smallest of all. Your pinkie should remind you to pray for yourself. When you are done praying for the other four groups, you will be able to what you might need help with.

Our hands can also help us when praying the Rosary.

Don't worry if you forget your Rosary beads - you can use your fingers and thumbs to help you keep track of the prayers.

Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which He looks
Compassion on this world,
Yours are the feet with which He walks to
do good,

Yours are the hands, with which He blesses all the world.

Yours are the hands, yours are the feet, Yours are the eyes, you are His body. Christ has no body now but yours, No hands, no feet on earth but yours, Yours are the eyes with which he looks compassion on this world.

Christ has no body now on earth but yours.

— St. Teresa of Ávila (attributed)

3. The middle finger is the tallest. It reminds us of our leaders, the governors and those who have authority. They need God's guidance to do the right thing for all people.

2. The next finger is the index. Pray for those who teach you, instruct you and heal you. They need the support and wisdom to show direction to others. Always keep them in your prayers.

1. The thumb is the closest finger to you. So start praying for those who are closest to you. They are the people easiest to remember.

