Aid to the Church in Need Lenten Primary Resource

This learning plan is intended to form part of a holistic learning journey for pupils which focuses experiencing the Liturgical season of Lent in preparation for Eastertide.

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|  | Teaching and Learning Methodology | Notes | Resources | Teacher comments/notes |
|  | Part One – Introducing Topic and Resources  | Slide 1 - After the first three introductory Slides, this countdown has a prayer, activity or reflection for every school day during Lent. There are references to the Lent Booklet and calendar (which is in the booklet). You may want to print the booklet in advance for your pupils, so that it becomes a Lent journal or you could print relevant pages only. You may decide not to use the booklet; if so, then you can skip through the Slides which refer to it on this presentation.Slide 2 & 3 - Len and Ted are there to help the students understand a little more about what Lent is.Slide 4 – title Slide Slide 5 & 6 - This Slide shows required resources for students Lent Book/ Lent Calendar.Slide 6 - Staff can choose whether to complete the whole booklet, or just a few sections if you would prefer. You could print it out on A3 for your Lent display and the children could fill in their activities in turn. | **SLIDESHOW****SLIDES 1, 2, 3,** **4, 5 AND 6****OPTIONAL:****LENT DISPLAY CALENDAR** **BOOKLET**  |  |
|  | ***1st Week of Lent*** ***Part Two –*** ***Ash Wednesday***Introduce Students to ResourcesReview Prior Knowledge  | Slide 7 - The priest places ashes on our foreheads so that we can have a chance to say sorry to God for things we may have done wrong, and also to have a chance to say to ourselves that we are going to use the season of Lent to grow closer to God.Ash Wednesday is a solemn day, and reminds us of the need to be humble. Examine and explore previous experience of Ash Wednesday.We take time to pray and fast, to step away from things that we might prefer to do, to help on concentrate on this day full of deep meaning at the start of Lent. You may want to show this short video about Jesus’ time spent in the desert > (<https://youtu.be/NWKRhk-yYI0>)[ACN is not responsible for video content from outside sources, and any comments present on this video]. | **SLIDESHOW****SLIDE 7****OPTIONAL****VIDEO CLIP****JESUS’ TIME SPENT IN THE DESERT** |  |
|  | ***Part Three-*** ***1st Thursday Of Lent***Researching ACN Charity Review and Consolidate Prior Learning – Whole Class Discussion  | Slide 8 - Explain that ACN has already sent over £4m to help the people of Ukraine and with their donations we can continue to assist those in need.(<https://youtu.be/C2CLu2m1RxQ>)Slide 9 - This video shows the people ACN are supporting in Ukraine., More information is available on ACN’s work in Ukraine [here:](https://acnuk.org/our-campaigns/ukraine-update-2022/)  [Aid to the Church in Need | Ukraine Update 2022 (acnuk.org)](https://acnuk.org/our-campaigns/ukraine-update-2022/)More information about ACN for teachers available here > <https://acnuk.org/about/>DISCUSS- What did the students see from Slide 9’s clip.Slide 10- Perhaps use the opportunity to ask the children what they are doing for Lent? Would they like to help families in Ukraine?Slide 11- Now you can present some ideas to the students. The worksheet of ideas is available > <https://acnuk.org/resource/lent-hero-countdown/>The video also presents a few ideas for students.  | **SLIDESHOW****SLIDES 8, 9, 10 AND 11****VIDEO CLIP** **UKRAINE FAMILY (EMBEDDED ON SLIDE 9)**  |  |
|  | ***Part Four –*** ***1st Friday*** Researching and Planning  | Slide 12 – “Go to Visit the Elderly” Video. This Video contains ideas linked to prayer, alms giving and fasting that may inspire them. (<https://youtu.be/G1_-AHmmUOo>) | **SLIDESHOW****SLIDE 12****VIDEO CLIP****GO TO VISIT THE ELDERLY (EMBEDDED ON SLIDE 12)**  |  |
|  | ***2nd Week of Lent*** ***Part Five-*** ***2nd Monday*** Prayer ResearchPersonal Reflection  | Slide 14 - Today - spend a little bit of time to say a prayer for Sister Medhin and those who are helped by her and the Sisters of Saint Vincent de Paul in Ethiopia.Slide 15 - Pictured - some of the children helped by the Sisters in Ethiopia. These children receive meals each day thanks to the Sisters. Quote from Sister Medhin. Perhaps you could ask the students to reflect on what they can do to love and care for those around them? | **SLIDESHOW****SLIDES 14 AND 15** |  |
|  | ***Part Six–*** ***2nd Tuesday*** Revise Prior LearningPrayer  | Slide 16 - Remind students about Sister Medhin and the good work she does with the other Sisters in Ethiopia. Check in with students and see what they can remember about ACN, and then you can ask them what they think they have been doing to help people around the world. You can remind them that by thinking about and praying for those around the world, is a great way to help.Take some time to pray together for the community of Sisters in Ethiopia. | **SLIDESHOW****SLIDE 16** |  |
|  | ***Part Seven –*** ***2nd Wednesday***Reflection Prayer  | Slide 17 - Invite the students to spend a little bit of time reflecting on Len’s question. Pray the prayer of Saint Francis together. | **SLIDESHOW****SLIDE 17** |  |
|  | ***Part Eight –*** ***2nd Thursday*** Paired DiscussionPrayer  | Slide 18 - Invite the students to come together in pairs to discuss the question. Pray together for Mums, Grandmas, Aunties and Guardians - all those who care for your students.  | **SLIDESHOW****SLIDE 18** |  |
|  | ***Part Nine –******2nd Friday***Individual Work 1. Personal Choice/Expressing an Opinion
2. Reflection
3. Prior Learning Revision
4. Planning

Self-Management  | Slide 19- individual activities 1. A bible quote I like is:
2. My lent symbol is:
3. One thing I have done so far in lent is:
4. One person, area or country helped by ACN:
5. What else I plan to do this lent is:

Slide 20 - The reflections on this slide can be used as prayer time for the students after spending some time filling out their booklets. | **SLIDESHOW****SLIDES 19 AND 20** |  |
|  | ***3rd Week of Lent*** ***Part Ten –*** ***3rd Monday*** Identify and Explore Social Issues Discussion  | Slide 22- Video Sister Floride Sister Floride speaks a little about what she and her fellow Sisters do to help people in the Democratic Republic of Congo.You may want to read the subtitles out loud for students. (<https://youtu.be/4QKZmCoPsJg>)Slide 23 Maybe ask your students what they think is most important for people to have, e.g. Food, housing, access to education or Church? | **SLIDESHOW****SLIDES 22 AND 23****VIDEO CLIP** **SISTER FLORIDE (EMBEDDED ON SLIDE 22)**  |  |
|  | ***Part Eleven –*** ***3rd Tuesday***Reflect on Prior Learning Prayer Scripture Reflection | Slide 24- Reflection of Sister Floride’s words.Slide 25 – Daily prayer challenge. Challenge your students have a prayerful day with the hand challenge.Slide 26 - Jesus said that he “came to serve, not to be served.” [Matthew 20:28]Ask the pupils what they think this might mean, and what they can see in the picture.  | **SLIDESHOW****SLIDES 24, 25 AND 26** |  |
|  | ***Part Twelve –*** ***3rd Wednesday*** Prayer Self-Management  | Slide 27- Pray together and spend some time filling out the Lent booklet. This could act as relaxation time for students to colour completed pages. | **SLIDESHOW****SLIDE 27****BOOKLET**  |  |
|  | ***Part Thirteen –*** ***3rd Thursday*** Research Charity and Faith in Action Prayer  | Slide 28-29 – Benefactors of ACN. Tell the story of Piter to the students. Ask students how it would make them feel if they had to leave their home behind.Slide 30 – Pray Hail Holy Queen. | **SLIDESHOW****SLIDES 28, 29 AND 30****BOOKLET PRAYER HAIL HOLY QUEEN**  |  |
|  | ***Part Fourteen –*** ***3rd Friday***Research Faith in ActionReflect Self-Awareness  | Slide 31- Gifts of Faith Video Invite the students to watch the video. Ask them to look out for how many types of things the relief centre helps with. [Video is from ACN Christmas campaign so contains a Christmas message at the end - which is why it cuts off at the end](<https://youtu.be/VxMJ0UeNUVg>)Slide 32 – Reflect on the gifts of faith video and consider the concept of self-sacrifice. | **SLIDESHOW****SLIDES 31 AND 32****VIDEO CLIP****GIFTS OF FAITH (EMBEDDED ON SLIDE 31)**  |  |
|  | ***4th Week of Lent*** ***Part Fifteen –*** ***4th Monday*** Concept Thinking Using Sources Prayer | Slide 34 - Invite students to discuss what faith is, why we need it and why Jesus also needed it. When you show the next Slide, you could ask 10 or so pupils to say the sentence; “Faith is… (with their answer)”. Then explain that we all have an idea of what faith is which is good, but to help us know exactly what it is, the Church explains it for us. And the definition it gives is on the next Slide.You can also suggest that faith is believing in things we can’t see or prove through scientific experiments or through our senses and that we exercise faith every day. You could ask them for examples or give them some: That the sun will rise tomorrow (based on experience). That love exists (based on the effects of), that only 5% of our universe is observable (but we still believe it’s there), atoms (smallest building blocks of matter and everything in the observable universe is made of trillions of atoms, but they can’t be seen by the naked eye), imagination, thoughts etc.Slide 35 - Explain on screen quotation from CCC - Highlight, identify and explain any unfamiliar words or phrasing– Points to note;Faith is a gift from God, which helps us understand the truth about God, about ourselves and not only makes us more like God, but helps us to do real good in the world. Faith enables us to believe what God tells us in the Bible, what the Church teaches us, how to respond to the Holy Spirit and how to literally bring about God’s kingdom on earth. Tell the pupils that faith is so exciting a gift, that we are going to pray for it now and throughout the week, see the effects of faith in the world.Slide 36 – Meditative prayer on the presence of God  | **SLIDESHOW****SLIDES 34, 35 AND 36** |  |
|  | ***Part 16 –*** ***4th Tuesday*** Prayer Analytical Observation | Slide 37 Start this morning’s prayers with the same prayer from yesterday: “JESUS I TRUST IN YOU” x 3Explain that they are going to see a clip from a priest who has lots of faith. Ask them to notice the different ways faith is expressed on the film. How is the faith of the people and of Fr shown? [Video is from ACN Christmas campaign so contains a Christmas message at the end](<https://youtu.be/qhLWTTozPhE>) | **SLIDESHOW****SLIDE 37****VIDEO CLIP****GIFTS OF FAITH 2 (EMBEDDED ON SLIDE 37)**  |  |
|  | ***Part 17 –*** ***4th Wednesday*** Self-Reflection  | Slide 38 - Students should self-reflect on how faith has been shown on their Lenten journey. You could show the clip from Slide 12 again, ask them to share some what they’ve been doing so far in Lent, or fill in their calendar in their Lent Booklet.  | **SLIDESHOW****SLIDE 38****VIDEO CLIP****GO TO VISIT THE ELDERLY (EMBEDDED ON SLIDE 12)**  |  |
|  | ***Part 18 –*** ***4th Thursday***Reflective Questioning  | Slide 39 - Reflections on the Cross - Key questions; “What does it mean to have courage?” and “Does God help us to be courageous?” | **SLIDESHOW****SLIDE 39** |  |
|  | ***Part 19 –*** ***4th Friday*** Research Prayer  | Slides 40-42 Research ACN’s social action in Venezuela, pray with students to aid the poor. | **SLIDESHOW****SLIDES 40, 41 AND 42** |  |
|  | ***5th Week of Lent*** ***Part 20 –*** ***5th Monday*** Evaluating Lenten Practices Reading Scripture Reflective Class Discussion | Slides 43-44 Prayer and Fasting. Explain that when Jesus went out into the desert for 40 days and 40 nights he prayed and fasted - [READ Matthew 4:1-11]. Ask the children why they think he might have done this. Slide 45 - Explain that we do these things to be like Jesus and because it helps us.Prayer makes us more loving, kind, forgiving and more ‘ourselves’. It also helps us get closer to God who made us and gives us the strength to help other people. Discuss whether Lent is difficult. Maybe some students would want to share about what they’ve done and whether they’ve had to start again? Explain the following: The reason why we give things up is to get closer to God… so we can remove distractions and some of the things we things we think we need. Most of the things we think we have to have, we don’t. When we let go of these things is helps us see what’s really important. Fasting enables us to trust God more.We pray that we will become more like Jesus. The more like Jesus I become, and the more the Holy Spirit lives in me, the more fulfilled and peaceful I will be. Not only that, when I pray it has a supernatural, eternal value that I can’t see. So, praying literally changes the world. Praying and meeting Jesus in the Sacraments bring “God’s kingdom to earth”, through me. What a privilege to have God living and loving others through me! | **SLIDESHOW****SLIDES 43, 44 AND 45** |  |
|  | ***Part 22-*** ***5th Tuesday*** Prayerful Reflection Reading  | Slides 46-47 - Reflect on Jesus’ sacrifice and during prayer read prayer letter on Slide 47.  | **SLIDESHOW****SLIDES 46 AND 47**  |  |
|  | ***Part 23 –*** ***5th Wednesday*** The Solemnity of The Annunciation  | Slide 48 - Explain that today is a ‘Solemnity’ which means that it’s even more important than a feast day. See if the pupils can work out what it is. You can give clues like:* It involves all of us being saved
* A question was asked to a woman
* There was an angel there
* We usually think about this around Christmas
 | **SLIDESHOW****SLIDE 48** |  |
|  | ***Part 24-*** ***5th Thursday*** Research | Slide 49 - In the video Sister Ghazia from Pakistan tells us about the life that she and her fellow Sisters lead in Pakistan. Pakistan is a majority Muslim country, meaning that Christians are in a real minority. She and the fellow Sisters do a special type of ministry, where they make sure people can learn about their faith using books, religious movies and using these items in Catechism sessions. You can ask the students how they think the work of the Sisters is helping people in Pakistan. You can make the point that we do not always have to help people in an obvious way - there are many ways we can help the people around us. [Video from ACN’s 2019 Lent campaign](<https://youtu.be/AckgyKpV6jk>) | **SLIDESHOW****SLIDE 49****VIDEO CLIP****SISTERS´ CAMPAIGN 2019 - PAKISTAN (EMBEDDED ON SLIDE 49)**  |  |
|  | ***Part 25 –*** ***5th Friday*** Self-Management  | Slide 50 – Self managed booklet time | **SLIDESHOW****SLIDE 50****BOOKLET** |  |
|  | ***6th Week of Lent******Part 26 –*** ***6th Monday*** Research Charity and Faith in Action Prayer  | Slide 51-53 - Chronic patients attended at St Joseph's Clinic in Erbil, Iraq - IRAQ: St Joseph clinic in Erbil (from ACN project partner in Erbil): “When the crisis of ISIS started, our people came, set settled inside the church, inside the gardens. So, me and some of my colleagues we thought we have to have a health care for these people.”(<https://youtu.be/vI0VxwnAyI4>) | **SLIDESHOW****SLIDE 51, 52 AND 53****VIDEO CLIP****ST JOSEPHS CLINIC (EMBEDDED ON SLIDE 52)**  |  |
|  | ***Part 27 –******6th Tuesday*** Class Discussion Social Impact  | Slide 54 - Explain to the pupils that their sacrifices and prayers will bring about more good in the world than they can imagine. This is because of God’s love and because he uses us to bring about good in the world. | **SLIDESHOW****SLIDE 54** |  |
|  | ***Part 28 –******6th Wednesday*** Numeracy Estimation of MoneyPrayer  | Slide 55 - Easter Egg guess game. Ask the students to guess how much money will be spent on Easter eggs this year. The answer is: around 80 million Easter eggs are sold in the UK every year. Research from (<https://www.finder.com/uk/easter-eggs-vs-chocolate-bars> [Georgia-Rose Johnson](https://www.finder.com/uk/author/georgiarosejohnson)/January 2020) found that an estimated £381 million will be spent on Easter eggs this year.Slide 56 - Stress that it is good to enjoy Easter eggs and to celebrate the resurrection of Jesus, but to remember to say thank you to God. Spend some time thanking God for one thing.  | **SLIDESHOW****SLIDE 55 AND 56** |  |
|  | ***Part 29 –*** ***6th Thursday*** Self-Management  | Slide 57 – Give students time to fill in calendar and Lent Booklet | **SLIDESHOW****SLIDE 57****BOOKLET** |  |
|  | ***Part 30 –*** ***6th Friday*** Self-Reflection | Slide 58 – ACN notes of thanks, reflect on how this Lenten journey has been an embodiment of Jesus’ command to *“Love one another as I have loved you.” (John 13:34)* | **SLIDESHOW****SLIDE 58** |  |

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| **Resources:** |
| **Core Resources**Student booklet – Lent Hero [CLICK HERE](https://www.canva.com/design/DADzC_Cz3dQ/7qLSV0lCL6RGe32jsar6Bg/view?utm_content=DADzC_Cz3dQ&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton) Slide show – Lent Hero [CLICK HERE](https://docs.google.com/presentation/d/1XEKonnLPXG2qq72s4OT580Y2L0il9gpoMZb19NZ14n0/edit#slide=id.g7dd7b1fccd_3_7) **Videos** Video 1 – “Jesus’ time spent in the desert” [CLICK HERE](https://youtu.be/NWKRhk-yYI0) <https://youtu.be/NWKRhk-yYI0>Video 2 – “Ukraine Family” (embedded on Slide 9) [CLICK HERE](https://youtu.be/C2CLu2m1RxQ) https://youtu.be/C2CLu2m1RxQVideo 3 - “Go to Visit the Elderly” (embedded on Slide 12) [CLICK HERE](https://youtu.be/G1_-AHmmUOo) https://youtu.be/G1\_-AHmmUOoVideo 4 – “Sister Floride” (embedded on Slide 22)[CLICK HERE](https://youtu.be/4QKZmCoPsJg) https://youtu.be/4QKZmCoPsJgVideo 5 – “Gifts of Faith” (embedded on Slide 31) [CLICK HERE](https://youtu.be/VxMJ0UeNUVg) https://youtu.be/VxMJ0UeNUVgVideo 6 – “Gifts of Faith 2” (embedded on Slide 37) [CLICK HERE](https://youtu.be/qhLWTTozPhE) https://youtu.be/qhLWTTozPhEVideo 7 – “Sisters´ Campaign 2019 – Pakistan” (embedded on Slide 49) [CLICK HERE](https://youtu.be/AckgyKpV6jk) https://youtu.be/AckgyKpV6jkVideo 8 – “St Joseph’s Clinic – Iraq” (embedded on Slide 52) [CLICK HERE](https://youtu.be/vI0VxwnAyI4) https://youtu.be/vI0VxwnAyI4**Additional information** [Aid to the Church in Need | Ukraine Update 2022 (acnuk.org)](https://acnuk.org/our-campaigns/ukraine-update-2022/)More information about ACN for teachers available here > <https://acnuk.org/about/> |

**Note of Works**

Teaching and Learning Methodologies

Skills Framework added

Video Links Referenced

Calendar Organisation

Links Checked

**Notes from Proofing**

Notes on slide 38 change from “slide 13” to “slide 12”.

Note for booklet printer-friendly option? Remove block black ink for printing.

Online version?